

St. Augustine Telehealth Activities Calendar

Telehealth clinics

Telepsychology – Thursdays, 1 – 4pm
Nutrition Counseling – 3rd Monday, 1 – 3:40pm

Telehealth education sessions

BMI – 1st Monday, 1-2:30 pm
HTN/Lipid Class – 3rd Tuesday, 1-3 pm
Diabetes Education – 3rd Tuesday, 08:30-12:00
Diabetes Nutrition Ed. – 1st Thurs, 11 – 12 noon